



MD for Life

ULTRASOUND OPTIONS

VERSION 2 - MAY 2026

Option 1A: No insurance involvement

Kathleen Paravano, RDMS is delighted to perform ultrasounds for our MD for Life patients in a peaceful, compassionate setting. Please note Kathleen's services are separate from MD for Life and her fees cannot be submitted to insurance for reimbursement. Therefore, we cannot provide an insurance invoice or superbill for her fees. The cost for our physicians to read the ultrasounds is already included in your monthly fee.

Ultrasound locations:

Little Workers of the Sacred Hearts Clinic
3620 15th Street, NE
Washington, DC 20017

Private home office in McLean, VA 22102
(exact location provided when an exam date is confirmed)

Scheduling:

The physician will initiate the ultrasound request. Once that request and relevant clinical information is received, Kathleen or our nurse, Emily, will contact you via email to schedule the exam. Please discuss with your physician if you need to plan the appointment in coordination with your physician's schedule. For follicular studies, Kathleen will coordinate with you to schedule the remainder of the series following the initial scan.

Cost:

The cost for Kathleen to perform each ultrasound is \$100 per visit. For new Cooperative Hormonal and Reproductive Medicine (CHARM) memberships, three ultrasounds are included during the first year. Additional ultrasounds will be \$100. Again, there is no additional cost for our physicians to read the ultrasounds.

Payment information:

Payments are made directly to Kathleen via check or Zelle.

Contact information:

Kathleen Paravano, RDMS
Registered Medical Diagnostic Sonographer
kathleenparavano@gmail.com
216-469-2250

Option 1B: No insurance involvement

Dr. Joseph Davis is our newest MD for Life physician and the Fertility Integrative and Restorative Medical (FIRM) Fellowship Director for FACTS About Fertility. He is a dual board-certified physician in Obstetrics & Gynecology and Reproductive Endocrinology. While he is in the area for one week each month, he will see patients and offer a variety of services, including ultrasounds for our patients.

Ultrasound location:

Tepeyac OB/GYN
4001 FAIR RIDGE DRIVE, SUITE 304
FAIRFAX, VA 22033

Scheduling:

The physician will initiate the ultrasound request. Once that request is made, our nurse, Emily, will contact you via the patient portal or text (626-373-8263) to schedule the exam.

Cost:

For new Cooperative Hormonal and Reproductive Medicine (CHARM) memberships, three ultrasounds are included during the first year. Additional ultrasounds will be \$100 for MD for Life members, and \$250 for non-members.

Payment information:

MD for Life will invoice you via Hint. Invoices will arrive in your email.

Option 2: Insurance involvement

If you prefer to use your insurance for ultrasounds, our clinical team can refer you to a local radiology center. Please communicate with your physician if this is your preference.